

GLOBAL AGING AND HEALTH: *Enhancing Communities in Nicaragua*

*PSU's Institute On Aging and Education Abroad,
in collaboration with the Jessie F. Richardson Foundation,
present a unique **TRAVEL AND LEARN** opportunity*

**For more information, e-mail:
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Study at PSU then Travel to Nicaragua

- *Serve on projects such as health education, community and micro-enterprise development in service with older adults*
- *Learn about issues in international aging and health*
 - ◆ *Class will meet on Friday afternoons, 4-6 pm, Winter & Spring terms*
 - ◆ *Travel will be for two weeks, mid-June to early July*
 - ◆ *Interdisciplinary: gerontology, public health, urban studies, social work, sociology, Spanish, engineering, architecture, economics, others!*
 - ◆ *Spanish language proficiency beneficial*
 - ◆ *Six credits: Graduate, Capstone, or Undergraduate Elective*
 - ◆ *Tuition is free for most students*
 - ◆ *Financial aid and scholarships available for program fees and other costs*



Application Deadline: November 5, 2009

Global Aging and Health: Enhancing Communities in Nicaragua

Winter, Spring, Summer 2010

International Travel Dates: June 17-July 3, 2010 (Tentative)

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Program Faculty

- ◆ Dr. Margaret Neal, Director, Institute on Aging, and Professor, School of Community Health
- ◆ Dr. Keren Brown Wilson, President, Jessie F. Richardson Foundation, and Adjunct Associate Professor, School of Community Health

Program Description

This is a six-credit course offered to Capstone, undergraduate, graduate, and post-baccalaureate students who apply for and are accepted to the program. The program involves:

A two-term preparatory period in Portland, in which students will:

- ◆ develop the foundation for their two-week field experience in Nicaragua. Classes will begin near the start of the winter quarter and continue throughout the spring quarter until students depart for Nicaragua at the beginning of summer break.

Approximately 16 days in Nicaragua, in which students will:

- ◆ Meet, visit, and collaborate with local organizations with significant linkages to aging and community development issues.
- ◆ Work directly with older adults and implement planned projects, such as health fairs, health education trainings, and environmental improvement programs.
- ◆ Have the opportunity to practice and improve Spanish-speaking abilities.

Upon return from Nicaragua, students will:

- ◆ Participate in a presentation to the PSU and the larger community concerning the program and students' activities.

Costs (Tentative)

Tuition generally will be waived. However, each student accepted to the program will be required to pay a **Program Fee** projected to be approximately \$2,000, depending on total program enrollment. The program fee includes direct program costs, accommodations, meals and group transportation in Nicaragua, mandatory overseas health insurance, and a mandatory Study Abroad fee. **In addition, other costs** not included in the Program Fee but for which students will be responsible include: roundtrip airfare, personal expenses, and immunizations. Students should budget approximately \$1000-\$1500 for these additional costs (tentative).

For information, please contact:

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